

FRESH FRIDAYS

MCFC CSA MONTCLAIRCSA.ORG

Welcome to the MCFC CSA 2019!

Please read the pick-up procedures carefully and share with anyone who may be picking up for you during the season.

Subscribe to our blog www.montclaircsa.org to receive our bi-weekly newsletter with produce information. Enter all CSA dates into your calendar.

Pick-up is every other Friday beginning June 15 Rain or Shine! **12 pm to 6 pm.** No early pick-ups, please! Pick-up at The Montclair History Center 108 Orange Road, Montclair, NJ.

1. **Check off your name on the sign-in sheet.**
2. Pick-up your filled bin(s) and bag(s). Produce is equally sorted into boxes & bags in two areas: **VEGETABLES & FRUIT.**
3. Take your items home and clean out your bin & bags.
4. Come back in two weeks with your clean empty bin & bag.

FULL MCFC CSA PICK – UP PROCEDURES

THE PICK UP:

All members must receive a walk-through of the procedures with a core member at the first pick-up.

Boxes will be stacked together in an area labeled Vegetables. The fruit will be grouped together in bags. If you have ordered a **FULL PRODUCE SHARE**, you will pick up a **box** from the vegetable area AND a **bag** from the fruit area. **Please only pick up your order.** The boxes and bags are carefully counted out and sorted based on the seasons CSA orders. **There are NO extra boxes or bags.**

Take your produce share (bin and/or bag) home with you. On the next delivery date, bring back the empty and clean box/bag and leave it neatly in the stack. At the next delivery pick up your “filled” box and/or bag filled with produce.

SIGN IN SHEET:

Prior to pick up, please check off your name on the list on the clipboard. Names are listed alphabetically by LAST name of person who registered. Check off for each item picked up.

This allows us to track who has/ hasn't picked up. There is an envelope on the clipboard under the sign in sheet for notes, comments and checks.

LATE PICK-UP: We recommend finding someone who can pick up the delivery for you; otherwise, **your box will be donated.** Members are encouraged early on to recruit a friend/family member who could pick up your share in a pinch or if you are out of town. Since our CSA is volunteer-run, we cannot hold bins overnight. The beautiful pick-up site must be clean at 6pm.

PRODUCE CONTAINERS:

Every delivery, vegetables are packed in a reusable, washable and stackable plastic box.

The boxes are for community use so please **empty your box out completely and clean it before returning it.** If you believe that remembering to return the box will be difficult, bring your own bags to transfer the contents out of the box and put them into your own bags. **When returning the boxes,** stack them neatly. Fruit is packed into reusable thermal bags. The bags will be lined up for pick-up. Please return your bag clean at the next delivery.

FRESH FRIDAYS BLOG UPDATES and WHAT'S IN THE BOX?:

Once you subscribe to the MCFC blog www.montclaircsa.org, you will receive an email alerting you of the update at the blog. Each delivery we send a “FRESH FRIDAYS: What's in the box?” update listing the items that are in the box/bags along with additional information about the produce, photos of the produce, recipe/meal suggestions plus updates on the farms' progress.

We recommend checking your email the day of delivery, in case of delay due to traffic, emergencies or heat wave, etc. that may affect your plans for a prompt noon pickup.

THE SITE:

Parking: Members may park in the parking lot of The Montclair Historical Society.

Bathrooms: There are no bathrooms for use on site.

Garbage: Like a state park, the Historical Society is a “Take in, Take out” facility. Please take your garbage with you.

Dogs: Dogs are allowed if monitored on this historic property. Please take care to watch your dog.

Rain: in case of rain, the pick-up will be still be held at the property.

VOLUNTEERING:

Volunteering: Volunteers run The MCFC. Your help is always welcome and appreciated. At a volunteer shift we ask you to welcome members coming to pick up, guide them through pick-up, letting them know special instructions for the day and remind to check off name, help break down recyclable boxes and help with donations to Toni's Kitchen. Please train the next shift volunteers when they arrive. Members will receive an email invite from Sign-up Genius to ask you to sign up for a volunteer shift. If you are planning to volunteer, please choose a day and time that works for you: **Shift 1:** 12 – 2 pm; **Shift 2:** 2 – 4pm; **Shift 3:** 4 – 6 pm; **Shift 4:** Clean up: 6 --7 pm.

Core Group: The Core Group is a group of volunteers that is in contact with the farmers, prepares and runs the pick-up site, creates forms and newsletters, updates the blog, member records, finances, handles solicitation of member input, community outreach and member work schedules. Core group members are required to be at every delivery to greet the farmer, unload the truck, set- up, sort and pack up.

Thank you! We look forward to a great season! – The MCFC CSA Core Group